

jueves, 13 mayo de 2021

I Jornada en Educación para la Salud: aprenendiendo en femenino y en comunidad (2ª sesión)

Driving social change and improving health and wellbeing: an introduction to system resilience

El próximo 17 de mayo se llevará a cabo la segunda sesión de la I Jornada en Educació per a la Salut "Driving social change and improving health and wellbeing: an introduction to system resilience" impartida por Jennie Popay y Ana Porroche-Escudero, de la *Lancaster University* (Reino Unido). A continuación os presentamos este segundo workshop:

Descargar imagen

Universitat de Lleida
Vicepresidència de Cultura
i Extensió Universitària

I JORNADA D'EDUCACIÓ PER A LA SALUT

Aprenent en
femení i en
comunitat

17 de maig

9:00h-12:30h

"Driving social change and improving
health and wellbeing: An introduction
to systems resilience. "

Universitat de Lleida
Facultat d'Infermeria
i Fisioteràpia

WORKSHOP

*Aprenent en
femení i en
comunitat*

17 de maig

9:00h-12:30h

*"Driving social change and
improving health and wellbeing:
An introduction to systems resilience."*



Jennie
Popay

Ana
Porroche-Escudero

Inscriu-te!

Hi ha 25 places per aquest
Workshop que seran atorgades
per estricte ordre d'inscripció.



Amb la col·laboració de:



Universitat de Lleida
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i Ensenyament Universitari



Universitat de Lleida
Grup de Recerca en
Educació per a la Salut



Diputació de Lleida

Description:

The concept of resilience is typically presented as a property of individuals, communities, organizations or service sectors such as the health system. Resilience is understood to be the "capacity to endure, adapt and generate new ways of thinking and functioning" in the context of change, uncertainty or adversity. As evidence of the negative impacts of global recession on social and health inequalities accumulates, health policy attention has turned to the question of how the resilience of communities bearing the brunt of these inequalities can be enhanced.

There are two dominant approaches to enhancing resilience in public health. At one end of the spectrum the focus is on self-empowerment and 'do it yourself' initiatives, enabling people to act for themselves. At the other end of the spectrum, problem solving is characterised by hierarchical decision-making where those at the top of the decision-making ladder determine the priorities. As a consequence, there is a growing call to focus on a systems resilience approach.

In this workshop we will introduce the concept of systems resilience that emphasises releasing the capacities of all the actors, institutions, objects and processes within a neighbourhood system. Participants will reflect what a systems approach might offer to public health work aimed at promoting greater equity in health and wellbeing, individually and collectively.

El workshop será en inglés.

La Jornada está financiada por el Vicerectorat de Cultura i Extensió Universitària.